



Leah Dyck

October 12, 2022 · 🌐

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Groups



Hello friends and supporters of [Fresh Food Weekly](#),

Today I would like to tell you about one of our program's recipients who has two sets of twins. She's also applied for ODSP and is currently waiting to hear back. She is completely exhausted and I honestly don't know how she still has energy to breathe.

This woman and her family will be receiving a meal box from us every month going forward... it looks like she's received a few already but I didn't know how much her family truly needed them until now. I wanted to share her story with you to show you what life can look like when health problems riddle an entire family.

Here is her story:

"Our struggle started a few years ago. After having my third and fourth child (twins), we just could never get a head. Last October, my whole Achilles' tendon tore in half. I underwent three surgeries, was on a PICC line for 12 weeks, and a year later I'm still dealing with massive amounts of pain. I have a ton of rips throughout it and I'm currently awaiting a CT scan later on this October.

I haven't been able to work in a year!!! We have four kids, and the first two are twins (and they have autism) and the other two are also twins. We were run out of our home back in July due to a horrible neighbour who just wouldn't stop. Countless police calls, her showing up high all hours of the night... and her going after myself and my children. We ended up moving in with my in-laws to help them out, and be away from everything that came with the nightmare we were living.

My father-in-law hasn't worked in over five years; since his back surgery. My mother-in-law got hurt years ago at a job and now has permanent nerve damage on her left side. Most days it's hard for her to even get out of bed. We are a family of eight living in a three-bedroom townhouse, with one income. We make decisions every other week as to what will be paid and what will be moved to another week. I source out the food bank as much as I can, and try and do everything to make sure the family has everything they need. My son's medications aren't covered and cost \$350/month. Mine are \$247/month and my in-laws are over \$500/month. Then add in every other bill. My older twins are turning 13 this month and I have no idea how we're going to make it special for them.

Everyone struggles but this has been a nightmare for far too long! Without programs like yours, my kids wouldn't have had an Easter dinner, or snacks for back to school. You make sure you go above and beyond and for that we are very great full!!"

If you're reading this and you would like to help, you can sponsor her family, or other families like hers, with a meal box for \$45. I can also issue you a charitable tax receipt for your donation as well. If you would like to do this, please send me a PM for e-transfer and receipting details.

Now, more than ever, the struggle is real. Families all over our city are living horrible, awful lives, with bills constantly looming over their heads, no food and empty cupboards, and their basic human needs not being met.

We can't rely on our government to do the right thing. So can we rely on you?

